

**UNLOCKING THE SECRETS OF SKIN
REJUVENATION**

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Secrets Of Rejuvenation

Zhi Gang Sha



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Timeless Secrets of Health and Rejuvenation in Japanese Andreas Moritz, 2008-04-01 New Book Helps People Tame Their Illnesses with Mind and Body Power Flying in the face of mainstream medicine and society s many health mythshere is a book that finally proves that good health is not only easily achievableno matter where you are right nowit s your natural state In new expanded edition of *Timeless Secrets of Health and Rejuvenation* bestselling author Andreas Moritz reveals the most common but rarely recognized reasons behind illness and aging He offers powerful and time tested self help approaches to remove the root causes of illness and achieve continuous vibrant health regardless of age While most physicians attempt to combat or subdue illnesswhich has been known to cause more illness and death than cancer or heart diseasethey know too little about employing the mind and body to actually help heal a person Compiled over the course of 35 years of work and research in the health industry and based on eye opening experiences with thousands of people across the globe*Timeless Secrets of Health and Rejuvenation* reveals everything you need to know in order to unleash the natural healing power that lies dormant within you You may wonder How could one book possibly do all this After all many books make big health promises and then fail to deliver But the answer is simple *Timeless Secrets* is differentand worksbecause 1 it gives you deeper insights and perspectives that literally put you back into the driver s seat of your body and mind and 2 it reveals literally hundreds and hundreds of controversial yet highly practical secrets proven to trigger health wellness and accelerated healing You ll Get Little Known Ancient Secrets Successfully Used for Thousands of Years Plus you ll discover newer ones that have been researched and documented by some of the leading authorities in the world both mainstream and alternative And most importantly you ll discover the very secrets which have workedtime and time againfor the countless people Andreas Moritz has helped heal in his 30 years of front line experience No matter what your current level of health and wellness the scores of brand new tips breakthroughs aha moments practices and discoveries you make while reading *Timeless Secrets of Health and Rejuvenation* are sure to help you quickly reclaim life s happiest most valuable possession Your health The best part You ll get it all in plain English with step by step do this then do that instructionsso there s never an ounce of guessworkthereby empowering you to

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be born a second time is not only a matter of symbolism it is the fruit of an interior work which aims to open and free all our subtle channels This form of alchemy can be achieved by acting with two elements water love and fire wisdom By uniting love and wisdom we give birth to truth and new life We thus become fraternal and universal citizens Table of Contents 1 Eternal life that they may know You the only true God 2 The white stone 3 The one on the housetop 4 Take up your cross and follow me 5 The Spirit of truth 6 The three great temptations 7 Children and the elderly 8 May you be cold or hot 9 It is good to praise the Lord 10 The mustard seed 11 The tree on the river 12 Grow and multiply

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