



PERIPHERAL NEUROPATHY

WHEN THE NUMBNESS, WEAKNESS, AND PAIN WON'T STOP
AN AMERICAN ACADEMY OF NEUROLOGY PRESS QUALITY OF LIFE GUIDE

Norman Latov, MD, PhD



A GUIDE FOR PATIENTS AND FAMILIES

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Peripheral Neuropathy When The Numbness Weakness And Pain Wont Stop

Norman Latov



Peripheral Neuropathy When The Numbness Weakness And Pain Wont Stop:

You Can Cope with Peripheral Neuropathy Mims Cushing, 2010-05-07 Peripheral neuropathy is one of the most common diseases most people never heard of and yet upwards of 20 million Americans have it. It is estimated that 60 to 70 percent of people with diabetes have mild to severe neuropathy. That fact alone is staggering. Other causes include vitamin deficiencies, autoimmune diseases, kidney, liver, or thyroid disorders, cancer, and a variety of other medical conditions. According to the Neuropathy Association, the extent and importance of peripheral neuropathy has not yet been adequately recognized. The disease is apt to be misdiagnosed or thought to be merely a side effect of another disease. However, people from all walks of life live with this neurological illness that has been described by those who have it as a tingling or burning sensation in their limbs, pins and needles, and numbness. *You Can Cope with Peripheral Neuropathy: 365 Tips for Living a Full Life* was written by both a patient expert and doctor and is a welcome addition to the information on this subject. It covers such diverse topics as: What to ask at doctor appointments, Making the house easier to navigate with neuropathy, Where to find a support group, Using vitamins and herbs for treatment, Tips for traveling, And much, much more. *You Can Cope With Peripheral Neuropathy* is a compendium of tips, techniques, and life task shortcuts that will help everyone who lives with this painful condition. It will also serve as a useful resource for their families, caregivers, and health care providers. *Peripheral Neuropathy* Norman

Latov, 2006-11-08 Peripheral neuropathy, the variety of conditions that result when the nerves that connect to the brain and spinal cord are damaged or diseased, is commonly associated with diseases such as diabetes, HIV, alcoholism, and lupus. Although widespread, it affects 10 to 20 million people in the United States; information about the condition has been difficult to obtain. This essential guide explains what is known about peripheral neuropathy, including its causes and manifestations, and what can be done to manage it. Topics include drug therapy for the condition and its symptoms, interventional therapy, alternative medicines, caring for the feet, and much more. This book will enable patients to make informed decisions about their care.

Complications of Diabetes Mellitus Jahangir Moini, Matthew Adams, Anthony LoGalbo, 2022-04-27 Diabetes mellitus is a global epidemic with severe complications that can be of great cost. This book focuses on the complications of hypertension, heart attack, or heart failure, stroke, blindness, nephropathy, neuropathy, amputations, and death, along with the prevalence and prevention of disease development. It explains distribution of the disease by age and gender, such as the development of type II diabetes in relation to obesity, which is more prevalent in younger age groups. Global mortality and costs of complications are significant as the disease affects all ages, races, and ethnicities, making this book an invaluable resource for healthcare professionals and students everywhere. **Key Features:** A useful, ready reference for students, physicians, and healthcare professionals detailing the latest diagnostic tests and treatments of diabetes and its complications. Explains how heart failure and stroke are deadly complications of diabetes, along with kidney failure and life-threatening infections. Establishes how cancer is linked to diabetes, a fact many people are not aware of. This book details the six types of cancer that

may result from the disease along with an individualized focus on the different areas of issues that occur from diabetes. Discusses the effect of diabetes on the minds of patients in relation to depression, anxiety, panic, PTSD, eating disorders, delirium, and dementia.

Fixing Your Feet John Vonhof, 2016-08-02. Foot pain and injuries can thwart even the most experienced athletes. Foot expert and ultra runner John Vonhof discredits the conventional wisdom of no pain, no gain, teaching instead how the interplay of anatomy, biomechanics, and footwear can lead to happy or hurting feet. With a focus on individual and team care, the 6th edition of *Fixing Your Feet* covers all that any active person needs to know to find out what works now and also hundreds of miles down the road. This sixth edition has an important new chapter, Blister Prevention: A New Paradigm. It contains new information about blister formation and introduces the concept of shear, which in turn changes the way we look at blister prevention and treatment. This comprehensive resource covers the full gamut of footwear basics, prevention, and treatments. If it can happen to a foot, it's covered in this book.

The Sjogren's Book Daniel J. Wallace MD, 2011-09-28. Afflicting one in seventy Americans, Sjogren's syndrome is an autoimmune disease that commonly causes dryness of the eyes, mouth, and nose and that can lead to complications including profound fatigue, depression, and lymphoma. While there is no cure for Sjogren's, much can be done to alleviate the suffering of patients. This extensively revised handbook offers everything you need to know to cope with this disease. *The Sjogren's Book*, Fourth Edition, is a comprehensive and authoritative guide produced by the Sjogren's Syndrome Foundation and its medical advisors and edited by physician Daniel J. Wallace, a leading authority on autoimmune disorders. This expanded edition provides readers with the best medical and practical information on this disorder, bringing together the current thinking about Sjogren's in an easily readable and understandable book with an entirely new section on lifestyle issues aimed at improving the quality of life for Sjogren's sufferers. With more than thirty chapters written by leading experts, the handbook illuminates the major clinical aspects of the syndrome and is loaded with practical tips and advice. Indeed, it offers a wide-ranging look at the many faces of Sjogren's, covering diagnosis, the various organ systems that can be affected, the possible psychological problems, and the many treatment options, as well as a concluding chapter listing the web, print, and media resources available. It is a valuable aid that patients can use while discussing their illness with their physician and an excellent resource for family members. And because Sjogren's is greatly underdiagnosed, this handbook is a particularly valuable resource for healthcare professionals. Recognized as the bible for Sjogren's sufferers, this reliable and informative guide is the first place for patients to look when they have questions about this little-known but serious chronic disease.

Type 4 Diabetes: Elevated Insulin. Lower Blood Sugar. 24/7 Pain. Bob Ranson, 2006-12-01. Millions of people suffer from neuropathy, a degenerative nerve disease that can cripple its victims with 24/7 pain and loss of nerve sensation along with sexual, digestive, and mental problems. If you have diabetes, your chances are 7 out of 10 of developing the disease. But is it a separate disease or could it be the flip side of elevated blood sugar and Type 2 diabetes? Until now, the various forms of neuropathy have been treated with an expensive array of

medications that at best work only some of the time Is it possible just possible that the pain and misery of neuropathy can be eliminated by RAISING blood sugar levels at critical moments Type 4 Diabetes explores the potentially critical link between blood sugar levels and neuropathy diabetes and Alzheimer s hypoglycemia and fibromyalgia **Chronic Diseases** Jean Kaplan Teichroew,2016-12-05 This comprehensive two volume work provides an overview of an area of growing concern offering readers a one stop resource for researching the chronic conditions that increasingly plague our society Chronic diseases and their consequences are among the foremost problems faced by the U S health care system accounting for untold distress and mounting personal and societal costs Bringing together an unprecedented array of detailed data and facts this unique two volume encyclopedia provides information that will help readers understand what they can do to avoid these diseases as well as how to best manage chronic conditions that may affect them or their families Designed for high school public and university libraries this three volume set covers an extensive range of disorders including diabetes cancer high blood pressure asthma heart disease arthritis osteoporosis kidney disease Alzheimer s disease HIV AIDS and hepatitis Depression and anxiety are covered as are violence and injury drug use and abuse and tobacco as a health hazard Much more than just a list of diseases this encyclopedia enables readers to easily research terminology symptoms methods of diagnosis medical treatments and alternative medicine risk factors associated conditions and preventive approaches The work is consistent with Healthy People 2010 national goals and objectives and with National Health Education Standards

Demons of the Body and Mind Ruth Bienstock Anolik,2014-01-10 The Gothic mode typically preoccupied by questions of difference and otherness consistently imagines the Other as a source of grotesque horror The sixteen critical essays in this collection examine the ways in which those suffering from mental and physical ailments are refigured as Other and how they are imagined to be monstrous Together the essays highlight the Gothic inclination to represent all ailments as visibly monstrous even those such as mental illness which were invisible Paradoxically the Other also becomes a pitiful figure often evoking empathy This exploration of illness and disability represents a strong addition to Gothic studies **The Lupus**

Encyclopedia Donald E. Thomas Jr.,2014-06-23 Systemic lupus erythematosus is an autoimmune disease that can affect any system and organ in the body This compendium provides detailed explanations of every body system potentially affected by the disease along with practical advice about coping *The Medical Library Association Guide to Finding Out about*

Diabetes Dana L. Ladd,Alyssa Altshuler,2013-01-11 For the more than 26 million Americans diagnosed with or affected by diabetes having accurate information on the disease is crucial But the sheer volume of information available can be daunting for patients and caregivers alike This comprehensive guide provides librarians and library users with background on key diabetes concepts encompassing reliable print and electronic resources including hard to find periodicals and audiovisual sources Each chapter in this guide presents an overview and description as well as an annotated list of multi format resources on topics including Types 1 and 2 and gestational diabetes Diet clinical trials and support sources Legal and

insurance issues With this guide librarians can deepen their understanding and collections and thus improve service to the growing number of patrons affected by at risk for or curious about this pervasive disease

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