



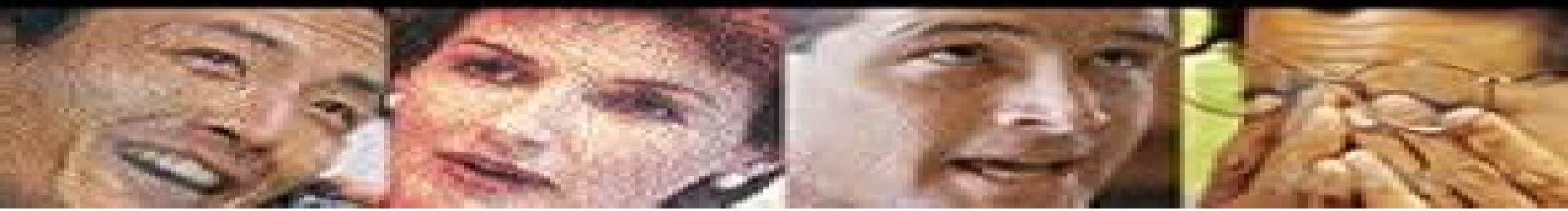
PeopleSmart

Developing Your Interpersonal Intelligence

Mel Silberman, Ph.D.

Author of the bestselling Active Training

with Freda Hansburg, Ph.D.



Peoplesmart Developing Your Interpersonal Intelligence

Mark Steyvers



Peoplesmart Developing Your Interpersonal Intelligence:

PeopleSmart Mel Silberman,2000-06-12 Two psychologists explain the benefits of refining enhancing and applying people skills in professional and personal situations Includes a five step plan to develop and practice skills in various settings

PeopleSmart Melvin Silberman and Freda Hansburg,2011-08-18 Two psychologists explain the benefits of refining enhancing and applying people skills in professional and personal situations Includes a five step plan to develop and practice skills in various settings *PeopleSmart* Mel Silberman,Freda Hansburg,2000-06-12 WE ARE ALL in the people business because we deal with other people all the time But do you sometimes reach out to others only to find your efforts misunderstood or rejected Do you wish your relationships with people close to you were more harmonious and fulfilling *PeopleSmart* is a practical guide for anyone who asks these questions which means most of us at some time or other It reveals a powerful plan for making your relationships more productive and rewarding whether they are with a supervisor and coworkers or a spouse relatives and friends by developing your interpersonal intelligence PeopleSmart Freda Hansburg,2000 It turns out that when you become savvy about other people or people smart you become smarter about yourself as well That s the hidden practical message in Mel Silberman and Freda Hansburg s intelligent new book They bring their considerable expertise and hands on experience to bear in these lessons on building interpersonal skills Simply laid out yet well written and concise the book walks you through the sets of skills you need to master As you learn to understand and apply them you gradually sense the impact these skills can have on your ability to lead and excel getAbstract recommends this book to those who are interested in improving their people skills and remember you re a people too *Working PeopleSmart* Mel Silberman,Freda Hansburg,2004-07-01 Bringing out the best in others is good business When we bring both respect and interpersonal savvy to our work relationships we do more than make people feel good We enhance personal and organizational performance And as the workplace grows more complex and competitive managing our work relationships becomes even more essential and difficult Now more than ever we need to work people smart *Working PeopleSmart* describes the six core strategies used by people smart individuals and shows how to apply them in the toughest workplace situations Individuals who are people smart know how to open others up rather than make them defensive or resistant They have a knack for diffusing tension rather than creating it They set a good example through their own behavior on the job and can inspire and influence others with less developed skills *Working PeopleSmart* can serve as your virtual coach to guide you through difficult work relationships skillfully How do you deal with a critical colleague Make your boss listen to you React to an offensive joke Get the resources you need The authors look at over 50 real life situations and offer people smart prescriptions for handling them effectively They provide coaching tips for each scenario and describe exactly what a people smart response sounds like As two psychologists with both organizational and clinical expertise coauthors Mel Silberman and Freda Hansburg are highly qualified to deliver the message that we can emerge from even the toughest interpersonal

moments on the job with dignity and grace Where other books rely on typologies that categorize people according to their interpersonal styles and then offer advice on how to deal with each type the strategies described in *Working PeopleSmart* are straightforward and universal They can be used immediately to deal with any type of person or any situation no matter how difficult or sensitive

Working PeopleSmart, 2004 Bringing out the best in others is good business When we bring both respect and interpersonal savvy to our work relationships we do more than make people feel good We enhance personal and organizational performance And as the workplace grows more complex and competitive managing our work relationships becomes even more essential and difficult Now more than ever we need to work people smart *Working PeopleSmart* describes the six core strategies used by people smart individuals and shows how to apply them in the toughest workplace situations Individuals who are people smart know how to open others up rather than make them defensive or resistant They have a knack for diffusing tension rather than creating it They set a good example through their own behavior on the job and can inspire and influence others with less developed skills *Working People Smart* can serve as your virtual coach to guide you through difficult work relationships skillfully How do you deal with a critical colleague Make your boss listen to you React to an offensive joke Get the resources you need The authors look at over 50 real life situations and offer people smart prescriptions for handling them effectively They provide coaching tips for each scenario and describe exactly what a people smart response sounds like As two psychologists with both organizational and clinical expertise coauthors Mel Silberman and Freda Hansburg are highly qualified to deliver the message that we can emerge from even the toughest interpersonal moments on the job with dignity and grace Where other books rely on typologies that categorize people according to their interpersonal styles and then offer advice on how to deal with each type the strategies described in *Working PeopleSmart* are straightforward and universal They can be used immediately to deal with any type of person or any situation no matter how difficult or sensitive

Dreamcrafting Paul Levesque, Art McNeil, 2003-02-16 A dreamer's guide to turning fantasies into reality teaches five macroskills Aspiration motivation projection inclusion and application required to achieve dreams in the real world

The Handbook of Experiential Learning Melvin L. Silberman, 2007-03-30 The Handbook of Experiential Learning is a comprehensive resource that draws together contemporary thought and practice on a wide range of experiential learning applications from the best known authorities on the topic In this book volume editor and leading experiential learning expert Mel Silberman presents a contemporary review of experiential learning in the workplace complete with models applications and innovative uses The handbook covers a broad range of experiential learning methods including Games and simulations Action learning Role play and Improv Story telling Adventure activity Reflective practice Creative play It also describes the use of experiential learning in topics such as technical skills leadership team building diversity and cross cultural training and emotional intelligence

Managing Stress Brian Luke Seaward, 2013-12-20 Study Guide Questions References and Resources 4 Stress and Disease Theoretical Models The Borysenko Model The Pert Model

The Lipton Model The Gerber Model The Pelletier Premodel Target Organs and Their Disorders Nervous System Related Disorders Immune System Related Disorders Summary Study Guide Questions References and Resources PART 2 The Mind and Soul 5 Toward a Psychology of Stress Freud and the Egg Jung and the Iceberg Elisabeth K bler Ross The Death of Unmet Expectations Viktor Frankl A Search for Life s Meaning Wayne Dyer Guilt and Worry **LIS Career Sourcebook** G. Kim Dority, 2012-10-03 A must have guide of professional development resources for library staff at every phase of their career from those just entering the field to paraprofessionals building a career trajectory to seasoned librarians looking to explore additional career options Thousands of students graduate with a Master of Library and Information Science degree every year Unfortunately budget cuts at libraries diminish available job opportunities and prompt administrators to hire less qualified and less expensive professionals However armed with the right information library science professionals can successfully build and sustain a resilient library and information science LIS career inside or outside the traditional library setting LIS Career Sourcebook Managing and Maximizing Every Step of Your Career provides a chapter by chapter overview of key career stages and strategies and identifies for each the best information resources to help readers develop a successful LIS career The author lays out the typical stages that workers are likely to encounter as they move through their professional life highlighting important issues associated with each stage and providing insights and resources for making smart career choices along the way Covering the entire career lifespan from entry level to retirement the resources cited will help readers make informed choices about career options professional development and personal career satisfaction

Whispering the Secrets of Language: An Emotional Quest through **Peoplesmart Developing Your Interpersonal Intelligence**

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