

QUICK REFERENCE TO PSYCHIATRIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP AND BRIE A. MOORE, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

Generic	NAMES	Brand	Usual Daily Dosage Range	Sedation	ACH ¹	NE	Selective Action On Neurotransmitters ²	
							5-HT	DA
desipramine		Norpramin	150-300 mg	low	low	+++++	0	0
amitriptyline		Elavil	150-300 mg	high	high	++	+++++	0
nortriptyline		Aventyl, Pamelar	75-125 mg	mid	mid	+++	++	0
trazodone		Oleptro	150-400 mg	mid	none	0	+++++	0
nefazodone		Generic Only	100-300 mg	mid	none	0	+++++	0
fluoxetine		Prozac ³ , Sarafem	20-80 mg	low	none	0	+++++	0
bupropion		Wellbutrin ⁴	150-400 mg	low	none	++	0	++
sertraline		Zoloft	50-200 mg	low	none	0	+++++	+
paroxetine		Paxil	20-50 mg	low	low	+	+++++	0
venlafaxine		Effexor ⁴	75-350 mg	low	none	+++	+++	+
desvenlafaxine		Pristiq	50-400 mg	low	none	+++	+++	+
fluvoxamine		Luvex	50-300 mg	low	low	0	+++++	0
mirtazapine		Rameron	15-45 mg	mid	mid	+++	+++	0
citalopram		Celexa	10-40 mg	low	none	0	+++++	0
escitalopram		Lexapro	5-20 mg	low	none	0	+++++	0
duloxetine		Cymbalta	20-80 mg	low	none	+++	+++	0
vilazodone		Viibryd	10-40 mg	low	low	0	+++++	0
atomoxetine		Strattera	60-120 mg	low	low	+++++	0	0
vorinaxetine		Trintellix	10-20 mg	mid	none	0	+++++	+
levomilnacipran		Fetzima	40-120 mg	low	none	+++	++	0
MAO INHIBITORS								
phenelzine		Nardil	30-90 mg	low	none	+++	+++	+++
tranylcypromine		Parnate	20-60 mg	low	none	+++	+++	+++
selegiline		Emsam (patch)	6-12 mg	low	none	+++	+++	+++
ATYPICAL ANTIDEPRESSANTS								
brexanolone		Zulresso	see footnote 5	...	...	see footnote 5	...	...
esketamine		Spravato	see footnote 6	...	...	see footnote 6	...	...

¹ACH: Anticholinergic Side Effects

²NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, +++ = moderate effect, ++++ = high effect)

³fluoxetine, but likely effects

⁴Available in standard formulation and time release (XR, XL or CR). Prozac available in 90mg time released/weekly formulation

⁵This medication is used to treat postpartum depression. It is administered IV over a period of 60 hours.

⁶This medication is used to treat severe, acute suicidal impulses and treatment resistant depression. It is administered via nasal spray and doses vary considerably.

BIPOLAR DISORDER MEDICATIONS

Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level	Generic	NAMES	Brand	Daily Dosage Range	Serum ¹ Level
lithium carbonate		Eskalith, Lithonate	600-2400	0.6-1.5	divalproex		Depakote	750-1500	50-100
lamotrigine					lamotrigine		Lamictal	50-500	(2)
fluoxetine		Symbyax	6/25-12/50mg ³	(2)	oxcarbazepine		Trileptal	1200-2400	(2)
carbamazepine		Tegretol, Equetro	600-1600	4-10+					

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mcg/ml.

²Serum monitoring may not necessary ³Not yet established ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

PSYCHO-STIMULANTS

Generic	NAMES	Brand	Daily Dosage ¹
methylphenidate ²		Ritalin	5-50 mg
methylphenidate ²		Concerta ²	18-54 mg
methylphenidate ²		Metadate	5-40 mg
methylphenidate ²		Methylin	10-60 mg
methylphenidate ²		Daytrana (patch)	15-30 mg
methylphenidate ²		Quilivant XR (liquid) ³	10-60 mg
dexamethylphenidate		Focalin	5-40 mg
dextroamphetamine		Dexedrine	5-40 mg

PSYCHO-STIMULANTS

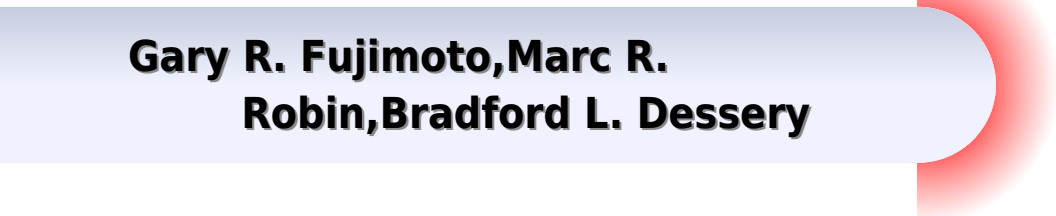
Generic	NAMES	Brand	Daily Dosage ¹
lisdexamphetamine		Vyvanse	30-70 mg
d- and l-amphetamine		Adderall	5-40 mg
modafinil		Provigil, Sparlon	100-400 mg
armodafinil		Nuvigil	150-250 mg
amphetamine salts		Mydayis	12.5-50 mg
amphetamine sulfate		Adzenys	2.1-18.8 mg
amphetamine salts		Evekeo	5-40 mg

¹Note: Adult Doses. ²Sustained release. ³Note: Many generic brands have emerged recently. Included here are the most common.

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Meds Quick Reference Guide 201

**Gary R. Fujimoto, Marc R.
Robin, Bradford L. Dessery**



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Medical Statistics, U.S. Navy United States. Department of the Navy. Bureau of Medicine and Surgery, 1958 Includes appendices *The Traveler's Medical Guide* Gary R. Fujimoto, Marc R. Robin, Bradford L. Dessery, 2003 One of the most recent and useful health care manuals written especially for travelers Outside Magazine The comprehensive self care source for all aspects of healthy global travel Includes immunizations medications prevention and a current guide to infectious diseases and other health concerns of travelers Self diagnosis and treatment of common illnesses including traveler s diarrhea What to do for illness when medical care is not readily available in isolated areas and everywhere else on weekends A guide to using internet resources Uses side effects contraindications and info on how to take every medication mentioned in the text How to assemble a first aid kit based on itinerary and length of travel New chapters for women travelers business travelers and travelers with children Now in its third edition Formerly titled The Medical Guide for Third World Travelers

The Real Vitamin and Mineral Book, 4th edition Shari Lieberman, Nancy Pauling Bruning, 2007-05-03 With more than 300 000 copies in print The Real Vitamin advanced recommendations for special conditions that may require additional supplementation and quick reference charts and tables for easily updating supplement regimens With clear understandable explanations the most current scientifically documented nutrient guidelines and easy to follow charts The Real Vitamin Mineral Book is concise and to the point the only resource readers will need *Autism Spectrum Disorder* Christopher J. McDougle, 2016 The Primer on Autism Spectrum Disorder provides a quick yet comprehensive overview of clinically relevant topics related to autism spectrum disorder ASD for the medical or mental health student trainee or recent graduate who seeks efficient learning Aspects of diagnosis etiology treatment and care delivery systems are covered by leading experts Clinical vignettes highlighted Key Points and illustrative photos figures and tables are used to enhance the learning experience for the reader **Mosby's® Massage Therapy Exam Review - E-Book** Sandy Fritz, Luke Allen

Fritz, 2023-09-11 Written by massage therapy experts Sandy Fritz and Luke Fritz this unique review resource uses a variety of methods to help you prepare for the MBLEx Massage and Bodywork Licensing Exam and the Board Certification in Therapeutic Massage and Bodywork BCTMB The comprehensive review features updated content and questions based on the most current exam blueprints The practice exams are written in a five part process not just as sample questions Plus a companion Evolve website comes loaded with practice exams and a variety of review activities such as labeling exercises flashcards electronic coloring book games and much more No other massage review gives you such well rounded exam preparation Focused content review including 125 full color illustrations showing various massage techniques as well as anatomy physiology 1800 practice questions 500 new questions in the text that provide students the opportunity to assess readiness for exams 5 practice exams with 100 questions each will be available in text as well as on Evolve Over 40 labeling exercises to help kinesthetic learners retain information Rationales for all correct and incorrect responses NEW More than 1

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Designing Simple Instructions for Medical Products

Michael Wiklund, Jonathan Kendler, Katelynn Larson, 2025-11-24 This book explores the nuances of making the narrative and graphical content of instructions an important part of a medical product's user interface safe effective and satisfying to use The book presents many design principles in an artful manner replete with interesting real world examples Designing Simple Instructions for Medical Products provides motivation and guidance to create excellent instructions that accompany medical products For too long instructions have been discounted as a user interface component unworthy of significant investment Consequently many manufacturers have put limited effort into instructions viewing them as obligatory This book seeks to change the narrative about instructions for use by highlighting their importance and providing easy to follow guidance for creating compelling instructions that can increase user satisfaction It addresses many broad topics such as the instructional development process page layout writing style and drawing attention to critical information Then it dives into specific topics such as designing comprehensible graphics incorporating information navigation cues and writing concisely The book will help anybody from the novice to the experienced pro tasked with designing instructions for a medical product In turn better instructions should help manufacturers produce demonstrably safe and effective products with clear benefits accruing to the healthcare system and to patients

Annual Report of the Surgeon General of the United States Navy United States.

Navy Department. Bureau of Medicine and Surgery,

Annual of the Universal Medical Sciences Charles Eucharist de

Medicis Sajous, 1889

Annual of the Universal Medical Sciences and Analytical Index, 1889

Handbook of Clinical

Psychopharmacology for Therapists John D. Preston, Bret A. Moore, John H. O'Neal, Mary C. Talaga, 2025-01-02 The Handbook of Clinical Psychopharmacology for Therapists is the go to resource for mental health clinicians looking for clear reliable information about the treatment of mental health issues This fully revised and updated tenth edition provides essential information on new medications and treatment options and includes the latest research on side effects contraindications and efficacy of all major medications prescribed for mental health disorders

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