

Different cultures, different selves?

Suppression of emotions and reactions to transgressions across cultures



Sylvia Huwaë

Selves Between Cultures

Douglas B. Allen, Ashok Malhotra



Selves Between Cultures:

Silencing the Self Across Cultures Dana C. Jack, Alisha Ali, 2010-04-28 Winner of the 2011 Ursula Gielen Global Psychology Book Award This award is presented by APA Division 52 to the authors or editors of a book that makes the greatest contribution to psychology as an international discipline and profession This international volume offers new perspectives on social and psychological aspects of depression The twenty one contributors hailing from thirteen countries represent contexts with very different histories political and economic structures and gender role disparities Authors rely on Silencing the Self theory which details the negative psychological effects that result when individuals silence themselves in close relationships and the importance of social context in precipitating depression Specific patterns of thought on how to achieve closeness in relationships self silencing schema are known to predict depression This book breaks new ground by demonstrating that the link between depressive symptoms and self silencing occurs across a range of cultures Silencing the Self Across Cultures explains why women s depression is more widespread than men s and why the treatment of depression lies in understanding that a person s individual psychology is inextricably related to the social world and close relationships Several chapters describe the transformative possibilities of community driven movements for disadvantaged women that support healing through a recovery of voice as well as the need to counter violations of human rights as a means of reducing women s risk of depression Bringing the work of these researchers together in one collection furthers international dialogue about critical social factors that affect the rising rates of depression around the globe

The Cultural Psychology of Self Ciaran Benson, 2002-01-04 Philosophers and psychologists both investigate the self but often in isolation from one another this book brings together studies by philosophers and psychologists in an exploration of the self and its function It will be of interest to all those involved in philosophy psychology and sociology

Cross-cultural Differences in Perspectives on the Self Virginia Murphy-Berman, John J. Berman, 2003-01-01 Cross Cultural Difference in Perspectives on the Self features the latest research in a dynamic area of inquiry and practice Considered in these pages are cross cultural differences in the idea of the person and in models of balancing obligations to the self family and community Revisiting and questioning the concepts of self and self worth the authors investigate the extent to which factors traditionally associated with psychological effectiveness intrinsic motivation assuming personal responsibility for one s actions and feeling in control unique hopeful and optimistic are culturally bound Hazel Markus and Shinobu Kitayama consider cultural differences in models of psychological agency Joan Miller critiques the meaning of the term agency analyzing the extent to which many popular theories in psychology rest on rather narrow Western models of behavior and effective functioning Steven Heine calls into question the presumed universality of some forms of cognitive processing Sheena Iyengar and Sanford DeVoe apply a cross cultural perspective to better understand intrinsic and extrinsic motivation and the value of choice Kuo shu Yang questions the universality of the pervasive and popular theory of self actualization formulated by Abraham Maslow and finally Ype

Poortinga reexamines not only the cultural boundaries of theory but also the very meaning of the concept of culture itself

Culture And Self Douglas B. Allen, Ashok Malhotra, 2018-02-02 Traditional scholars of philosophy and religion both East and West often place a major emphasis on analyzing the nature of the self In recent decades there has been a renewed interest in analyzing self but most scholars have not claimed knowledge of an ahistorical objective essential self free from all cultural determinants The contributors of this volume recognize the need to contextualize specific views of self and to analyze such views in terms of the dynamic dialectical relations between self and culture An unusual feature of this book is that all of the chapters not only focus on traditions and individuals East and West but include as primary emphases comparative philosophy religion and culture reinforcing individual and cultural creativity Each chapter brings specific Eastern and Western perspectives into a dynamic comparative relation This comparative orientation emphasizes our growing sense of interrelatedness and interdependency

The Autobiographical Self in Time and Culture Qi Wang, 2013-09-05 This book traces the developmental social cultural and historical origins of the autobiographical self the self that is made of memories of the personal past and of the family and the community It combines rigorous research compelling theoretical insights sensitive survey of real memories and memory conversations and fascinating personal anecdotes to convey a message the autobiographical self is conditioned by one's time and culture

Handbook of Self-Compassion Amy Finlay-Jones, Karen Bluth, Kristin Neff, 2023-03-23 This handbook examines contemporary issues in self compassion science and practice It describes advances in the conceptualization and measurement of self compassion as well as current evidence from cross sectional and experimental research The volume addresses the foundational issues of self compassion including its relationship to self esteem and mindfulness In addition it considers the developmental origins of self compassion and its relevance across the life course including among adolescents and older adults The handbook explores the role of self compassion in promoting well being and resilience and addresses new frontiers in self compassion research such as the neural underpinnings and psychophysiology of compassionate self regulation Key areas of coverage include The meaning of self compassion for gender and sexuality minority groups The cultivation of self compassion among young people The use of interventions to promote self compassion The role of compassion based interventions in clinical contexts Important insights for using self compassion based interventions in practice The Handbook of Self Compassion is a must have resource for researchers professors and graduate students as well as clinicians therapists and other practitioners in psychology complementary and alternative medicine and social work as well as all interrelated research disciplines and clinical practices

Cultural Psychotherapy Karen M. Seeley, 2006-04-13 This innovative book provides therapists with a practical guide for treating patients from other cultures Basing her material on extensive clinical work with patients from many ethnic backgrounds Dr Seeley shares insights on the problems of using a second language recognizing cultural material presented in sessions and making specific changes in clinical practice to accommodate cultural differences This is a timely and well

conceived model of psychotherapy that enhances cross cultural clinical work Deliberative Democracy, Political Legitimacy, And Self-determination In Multi-cultural Societies Jorge Valadez, 2018-03-09 Most foundational works in political philosophy have made fundamentally false and far reaching assumptions concerning the culturally homogeneous character of the polity Deliberative Democracy Political Legitimacy and Self Determination in Multicultural Societies provides a much needed corrective to conventional accounts of the normative foundations of the state by reconceptualizing some of the fundamental issues in political theory from a perspective that recognizes the culturally pluralistic character of contemporary democracies Among the issues considered are democratic deliberation in multicultural societies the justification and function of political communities the nature of self determination the justification of cultural rights and the moral rationale for regional self governance and secession This work is suitable for graduate and upper division undergraduate courses in political philosophy and political science as well as the lay reader interested in understanding the major sources of conflict and instability in democratic societies **Handbook of Advances in Culture and Psychology** Michele J. Gelfand, Chi-yue Chiu, Ying-yi Hong, 2016-04-04 With applications throughout the social sciences culture and psychology is a rapidly growing field that has experienced a surge in publications over the last decade From this proliferation of books chapters and journal articles exciting developments have emerged in the relationship of culture to cognitive processes human development psychopathology social behavior organizational behavior neuroscience language marketing and other topics In recognition of this exponential growth Advances in Culture and Psychology is the first annual series to offer state of the art reviews of scholarly research in the growing field of culture and psychology The Advances in Culture and Psychology series is Developing an intellectual home for culture and psychology research programs Fostering bridges and connections among cultural scholars from across the discipline Creating a premier outlet for culture and psychology research Publishing articles that reflect the theoretical methodological and epistemological diversity in the study of culture and psychology Enhancing the collective identity of the culture and psychology field Comprising chapters from internationally renowned culture scholars and representing diversity in the theory and study of culture within psychology Advances in Culture and Psychology is an ideal resource for research programs and academics throughout the psychology community **Handbook of Self-Regulation of Learning and Performance** Dale H. Schunk, Barry Zimmerman, 2011-05-15 Self regulated learning or self regulation refers to the process whereby learners personally activate and sustain cognitions affects and behaviours that are systematically oriented toward the attainment of learning goals This is the first volume to integrate into a single volume all aspects of the field of self regulation of learning and performance basic domains applications to content areas instructional issues methodological issues and individual differences It draws on research from such diverse areas as cognitive educational clinical social and organizational psychology Distinguishing features include Chapter Structure To ensure uniformity and coherence across chapters each chapter author addresses the theoretical ideas underlying their topic

research evidence bearing on these ideas future research directions and implications for educational practice International
Because research on self regulation is increasingly global a significant number of international contributors are included see
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