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George Washington's Indispensable Men Arthur S. Lefkowitz, 2018-09-01 While history has immortalized George Washington it has largely forgotten those who helped to propel him to greatness the thirty two men who served as his aides de camp during the Revolutionary War Washington relied heavily on these men among them a young Alexander Hamilton for help in formulating policy and strategy George Washington's Indispensable Men details the fascinating and sometimes tragic lives of these aides providing a new and refreshing look at the American Revolution George Washington and the Two-Term Precedent David A. Yalof, 2023-08-11 One of the earliest and most consequential presidential decisions in American history was George Washington's choice to step down after two terms in office despite the fact that he would almost certainly have won a third term had he chosen to run The example he intended to set and the circumstances he faced at the time tell a more complicated story of the true motives behind his decision to retire and the impact his decision had on his successors and the nation In George Washington and the Two Term Precedent David A Yalof examines how this decision set a pattern that would be followed by presidents for more than a century until FDR began serving a third term in 1941 While often portrayed simply as a noble decision by Washington to restrain the power of the executive office Washington s decision was in fact motivated by self interest and a desire to cement a legacy of honor and integrity Yalof shows that he was never motivated by the desire to reign in the executive with an unwritten two term limit If anything Washington hoped to strengthen the executive branch by demonstrating that the institution of the presidency could be trusted with the power and independence than it had so far received His voluntary relinquishment of the presidency after two terms in office achieved these goals Yalof focuses on the two term precedent and how it came into being not by legal prescription but by the tacit influence of Washington's refusal to run for a third term and what it suggests about American conceptions of executive power George Washington and the Two Term Precedent offers a sober reminder that the country's most famous and original hero chose to walk away from power and it was that decision that cemented his greatness in American history The Biography Book Daniel S. Burt, 2001-02-28 From Marilyn to Mussolini people captivate people A E s Biography best selling autobiographies and biographical novels testify to the popularity of the genre But where does one begin Collected here are descriptions and evaluations of over 10 000 biographical works including books of fact and fiction biographies for young readers and documentaries and movies all based on the lives of over 500 historical figures from scientists and writers to political and military leaders to artists and musicians Each entry includes a brief profile autobiographical and primary sources and recommended works Short reviews describe the pertinent biographical works and offer insight into the qualities and special features of each title helping readers to find the best biographical material available on hundreds of fascinating individuals David McCullough American Presidents E-Book Box Set David McCullough, 2011-05-24 From America s most beloved biographer David McCullough Time a collection of his bestselling biographies of American Presidents This ebook box

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evangelicals assert or a secular state as others contend He approaches the title's question from a historical perspective helping readers see past the emotional rhetoric of today to the recorded facts of our past Readers on both sides of the issues will appreciate that this book occupies a middle ground noting the good points and the less nuanced arguments of both sides and leading us always back to the primary sources that our shared American history comprises **Benedict Arnold in the Company of Heroes** Arthur S. Lefkowitz, 2013-01-19 This gripping history recounts the lives of American patriots who were a part of Arnold's failed Canadian invasion during the Revolutionary War Thomas Fleming author of Liberty The American Revolution Hundreds of men followed Col Benedict Arnold in an expedition to capture Quebec in 1775 After Arnold was wounded his troops found themselves outnumbered and trapped inside the city Award winning author and Revolutionary era historian Arthur S Lefkowitz takes a close look at some of the brave veterans who fought in Arnold's failed campaign and explores the extraordinary lives they led afterward In Benedict Arnold in the Company of Heroes Lefkowitz paints vividly detailed portraits of early American patriots who continued their fight for independence after Arnold's campaign Some of the men portrayed include Charles Porterfield who led troops at Brandwine Daniel Morgan the hero of Cowpens Henry Dearborn and Timothy Bigelow who fought alongside Arnold at Saratoga Christian Febiger and Return Jonathan Meigs who were at the forefront of the attack on Stony Point Simeon Thayer who refused to surrender at Fort Mifflin and Col Aaron Burr whose wartime record was overshadowed by his later political career and duel with Alexander Hamilton Benedict Arnold in the Company of Heroes will delight readers who are looking for something new about the War of Independence John Ferling author of Almost a Miracle The American Victory in the War of Independence **The Power of the Herd** Linda Kohanov, 2015-07-20 Linda Kohanov is beloved for her groundbreaking articulation of the way of the horse an experiential wisdom known to riders for centuries but little studied or adapted to off horse use Now Kohanov takes those horse inspired insights on the nonverbal elements of exceptional communication and leadership into the realms of our workplaces and relationships Here we explore the benefits of nonpredatory power in developing assertiveness fostering creativity dealing with conflict and heightening mind body awareness In A Brief History of Power the first part of this far reaching book Kohanov profiles cultural innovators who employed extraordinary nonverbal leadership skills to change history usually on horseback Winston Churchill George Washington Alexander the Great and Siddhartha Gautama the Buddha among others She also draws on the behavior of mature horse herds as well as the herding cultures of Africa and Mongolia to debunk theories of dominance hierarchies challenge ingrained notions of survival of the fittest and demonstrate the power of a consensual leadership in which governing roles are fluid Kohanov then adapts these lessons into twelve powerful guiding principles we can all incorporate into our work and personal lives Eloquent and provocative this is horse sense for everyone who seeks to thrive in the herds we all run in our communities careers families and friendships The State and the Soldier Kori Schake, 2025-07-21 America's Founding Fathers feared that a standing army would be a permanent political danger yet

the U S military has in the 250 years since become a bulwark of democracy Kori Schake explains why in this compelling history of civil military relations from independence to the challenges of the present The book begins with General Washington's vital foundational example of subordination to elected leaders during the Revolutionary War Schake recounts numerous instances in the following century when charismatic military leaders tried to challenge political leaders and explains the emergence of restrictions on uses of the military for domestic law enforcement She explores the crucial struggle between President Andrew Johnson and Congress after Lincoln's assassination when Ulysses Grant had to choose whether to obey the Commander in Chief or the law and chose to obey the law And she shows how the professionalization of the military in the twentieth century inculcated norms of civilian control The U S military is historically anomalous for maintaining its strength and popularity while never becoming a threat to democracy Schake concludes by asking if its admirable record can be sustained when the public is pulling the military into the political divisions of our time

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web dec 8 2022 1 begin all kicks in your fighting stance the fighting stance is designed for good balance and you can perform almost any martial arts move from this basic position place your feet about shoulder width apart then step forward with your weaker foot so it s ahead of your dominant foot bring your hands up to the height of your chin 1