# Pressure Ulcer Nursing Care Plan

# Patient information Patient name: Smithy Johnson Age: 75 Gender: Male Date of birth: April 1, 1949

#### Medical history

Associament

Diabetes mellitus, type 2 Hypertension Chronic kidney disease, stage 3 Limited mobility due to a stroke History of a previous stage 2 pressure ulcer on the sacral area

Subjective	Objective
The patient reports discomfort in the lower back region and occasionally notices redness after prolonged sitting.  He expresses concerns about developing another ulcer, as he had one in the past. The patient also mentions difficulty in repositioning himself independently due to his reduced mobility.	Redness and partial skin loss over the sacral area (stage 2 pressure ulcer).  Warmth in the affected area with signs of inflammation.  Patient remains in a sitting or lying position for extended periods due to limited mobility. Skin is dry and flaky around the pressure points.  Capillary refill time delayed in the affected area.

#### Nursing diagnosis

Impaired skin integrity related to prolonged pressure and immobility as evidenced by the presence of a stage 2 pressure ulcer.

# **Pressure Ulcer Soap Notes Example**

Howard S. Rowland, Beatrice L. Rowland

## **Pressure Ulcer Soap Notes Example:**

Nursing Administration Handbook Howard S. Rowland, Beatrice L. Rowland, 1997 With the recent new and radical developments in the health care field that have been introduced at a breathless pace nurse administrators must work to stay informed of the developments that affect their nursing departments both directly and indirectly The Nursing Administration Handbook has a long track record both as a textbook and as a hands on tool for nurse executives seeking insight and step by step guidance in all aspects of administration The fourth edition of this text surveys the entire field of nursing administration and incorporates the most significant new developments and current practices Writing Patient/Client Notes Ginge Kettenbach, Sarah Lynn Schlomer, Jill Fitzgerald, 2016-05-11 Develop all of the skills you need to write clear concise and defensible patient client care notes using a variety of tools including SOAP notes This is the ideal resource for any health care professional needing to learn or improve their skills with simple straight forward explanations of the hows and whys of documentation It also keeps pace with the changes in Physical Therapy practice today emphasizing the Patient Client Management and WHO s ICF model Physical Therapy Clinical Handbook for PTAs Olga Dreeben-Irimia, 2013 Physical Therapy Clinical Handbook for PTAs Second Edition is a concise and condensed clinical pocket guide designed specifically to help physical therapist assistants and physical therapist assistant students easily obtain helpful evidence based information This succinct summarizing pocket guide covers the evaluative as well as interventional aspect of physical therapy and offers immediate guidance concerning physical therapy data collection and interventions in various clinical settings including musculoskeletal neurologic cardiopulmonary integumentary geriatric pediatric and acute care With its portable and user friendly format this handbook is a valuable resource for physical therapist assistant students during the education training program and throughout clinical practice The Second Edition features a new and unique look at physical therapy in acute care provided by PTAs Acute care topics include musculoskeletal and neurological acute care as well as the significant factors in acute care to consider while applying physical therapy to patients with endocrine gastrointestinal genitourinary and oncological disorders diseases The Second Edition contains physical therapy terminology reflecting current physical therapy practice according to the APTA's Guide to Physical Therapist Practice and also includes guidelines from the CDC and JCAHO Appendices contain helpful balance assessment forms and cardiac and integumentary patient education forms

Guide to Clinical Documentation Debra D Sullivan,2018-07-25 Understand the when why and how Here s your guide to developing the skills you need to master the increasing complex challenges of documenting patient care Step by step a straightforward how to approach teaches you how to write SOAP notes document patient care in office and hospital settings and write prescriptions You Il find a wealth of examples exercises and instructions that make every point clear and easy to understand The OTA's Guide to Documentation Marie Morreale,2024-06-01 The bestselling newly updated occupational therapy assistant OTA textbook The OTA's Guide to Documentation Writing SOAP Notes Fifth Edition explains the critical

skill of documentation while offering multiple opportunities for OTA students to practice documentation through learning activities worksheets and bonus videos The Fifth Edition contains step by step instruction on occupational therapy documentation and the legal ethical and professional documentation standards required for clinical practice and reimbursement of services Students and professors alike can expect the same easy to read format from previous editions to aid OTAs in learning the purpose and standards of documentation throughout all stages of the occupational therapy process and different areas of clinical practice Essentials of documentation reimbursement and best practice are reflected in the many examples presented throughout the text Worksheets and learning activities provide the reader with multiple opportunities to practice observation skills and clinical reasoning learn documentation methods create occupation based goals and develop a repertoire of professional language Templates are provided to assist beginning OTA students in formatting occupation based SOAP notes and the task of documentation is broken down into smaller units to make learning easier Other formats and methods of recording client care are also explained such as the use of electronic health records and narrative notes This text also presents an overview of the initial evaluation process delineating the roles of the OT and OTA and guidelines for implementing appropriate interventions New in the Fifth Edition Incorporation of the Occupational Therapy Practice Framework Domain and Process Fourth Edition and other updated American Occupational Therapy Association documents Updated information to meet Medicare Part B and other third party payer requirements Revised clinical terminology on par with current trends Added examples from emerging practice areas Expanded tables along with new worksheets and learning activities Included with the text are online supplemental materials for faculty use in the classroom this includes access to supplemental website worksheets learning activities and scenario based videos to practice the documentation process Tarascon Pharmacopoeia 2010 Professional Desk Reference Edition Richard J. Hamilton, 2009-12 The Tarascon Pharmacopoeia 2010 Professional Desk Reference Edition continues its tradition as the leading portable drug reference packed with vital drug information to help clinicians make better decisions at the point of care Each edition is meticulously peer reviewed by experts and clinicians of multiple specialties It details typical drug dosing both FDA approved and off label uses available trade and generic formulations metabolism safety in pregnancy and lactation relative drug pricing information Canadian trade names and an herbal alternative therapies section Save time and improve patient care with the 2010 Tarascon Pocket Pharmacopoeia Fundamentals of Nursing E-Book Barbara L Yoost, Lynne R Crawford, 2019-01-23 Yoost and Crawford's Fundamentals of Nursing is back for a second edition encore. The text that made its name by focusing on simple language and active learning continues its focus on helping you truly understand apply and retain important nursing information and concepts Using a warm and conversational style this new second edition guides you towards a basic understanding of the nursing profession and then logically progresses through the nursing process and into the safe and systematic methods of applying care Each chapter features realistic and complex case studies and critical

thinking exercises woven throughout the content to help you continually apply what you ve learned to actual patient care A conceptual care mapping approach created by Yoost and Crawford themselves further your ability to make clinical judgments and synthesize knowledge as you develop plans of care after analyzing and clustering related patient assessment data All of this paired with a wealth of student friendly learning features and clinically focused content offers up a fundamentally different and effective way for you to easily master the fundamentals of nursing UNIQUE Warm friendly writing style slows down the pace of information to give readers time to critically think and master all fundamental concepts and skills UNIQUE Building block approach groups topics and concepts together thematically in the order needed for readers to build their knowledge UNIOUE Objective driven approach presents clearly defined numbered objectives that coordinate with all content and then wrap up with Objective Summaries UNIQUE Active learning activities are incorporated throughout every chapter to help readers learn to apply chapter content to broader nursing concepts and realistic patient scenarios UNIQUE Conceptual care mapping is taught and used throughout the text in conjunction with the Conceptual Care Map Creator UNIQUE Emphasis on QSEN reinforces the Quality and Safety Education for Nurses competencies including patient centered care teamwork and collaboration evidence based practice quality improvement safety and informatics Special feature boxes cover the areas of diversity consideration evidence based practice informatics patient education healthy literacy health assessment questions interprofessional collaboration and delegation ethical and legal practice home care considerations safe practice alerts QSEN critical thinking exercises and nursing care guidelines NEW Interprofessional collaboration and delegation content appears throughout the text along with new IPE activities that are integrated into the Evolve resources NEW UNIQUE Review and exam questions tied to learning objectives use a building block style approach that starts at lower Bloom's taxonomy levels in early chapters and builds to more complex levels as readers acquire more knowledge NEW Emphasis on assignment and delegation covers the differences between them and how and when they re appropriate for an RN NEW Content on complementary therapies has been integrated throughout the text to reflect the changes to the NCLEX exam NEW Additional information has been added in the areas of HCAHPS Health Literacy Patient Education Drugs of Abuse Fundamental Concepts and Skills for Nursing Susan C. deWit, Patricia A. Williams, RN, MSN, Zika Ebola and more CCRN,2013-01-18 Part of the popular LPN Threads series this market leading text features an easy to follow writing style and organization to teach you the concepts and skills you need to know to practice nursing in a variety of care settings This new edition offers in depth discussion of QSEN competencies rationales for the NCLEX PN review questions and new icons to point out the most current evidence based information Standard LPN Threads features include helpful characteristics such as full color design key terms numbered objectives key points critical thinking questions critical thinking activities glossary and references Easy to follow reading level and text organization presents information from simple to most complex Think Critically boxes help you synthesize information and apply concepts beyond the scope of the chapter Cultural Considerations

related to biocultural variations as well as health promotion for specific ethnic groups demonstrate how to provide culturally competent care Elder Care Points highlight changes that occur with aging and how they affect nursing care Home Care boxes highlight the necessary adaptations of nursing skills and techniques for the patient in the home care setting NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and attitudes necessary to continuously improve the quality and safety of the healthcare systems Fundamental Concepts and Skills for Nursing - E-Book Susan C. deWit, Patricia A. Williams, 2013-01-24 NEW Rationales for NCLEX review questions at the end of each chapter help you understand why your choices were correct or incorrect NEW Full text reviews by experts in the field offer consistency and ease understanding as you progress through the book NEW Evolve margin icons denote supplemental material for students on Evolve NEW Evidence Based Practice margin icons point out the most current and evidence based information NEW In depth discussion of the Quality and Safety Education for Nurses QSEN within the text provides the knowledge skills and **Tarascon Pocket** attitudes necessary to continuously improve the quality and safety of the healthcare systems Pharmacopoeia 2010 Deluxe Lab-Coat Edition Richard Hamilton, 2010-08-15 The Tarascon Pharmacopoeia 2010 is a convenient organized and concise manual packed with vital drug information and meticulously peer reviewed by experts and clinicians of multiple specialties It details typical drug dosing available trade and generic formulations metabolism safety in pregnancy and lactation black box warnings notes regarding adverse effects and drug interactions and a table of cytochrome P450 isozymes and much more

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